## MINUTES OF THE REGULAR MEETING OF THE SENIOR ADVISORY COMMISSION

October 22, 2007

COMMISSIONERS PRESENT: Anne Creighton, Patrick Driscoll, Frank Kadlecek, Foster Lopes,

Edward Murphy, Alice Pivacek

COMMISSIONERS ABSENT: Doris Modesitt (excused)

STAFF PRESENT: Larry Wolfe, Director of Parks and Recreation

Katy Carter, Senior Center Director

Jessica Carter, Senior Center Coordinator

Sue Avina, Senior Center Nurse

GUESTS: Helen Rezendes, Betty Miller

## MATTERS FOR COUNCIL ACTION – None.

I. CALL TO ORDER – The meeting was called to order by Secretary Anne Creighton

- II. MINUTES OF THE September 24, 2007 MEETING Approved as written.
- III. <u>CORRESPONDENCE/COMMUNICATION</u> Copies of an article on the Senior Center Expansion Project in the Kaiser Newsletter were distributed to the Commission.

## IV. REPORTS -

- A. <u>Senior Center Needs/Expansion</u> Commissioner Pivacek Distributed information on the November 8<sup>th</sup> and 15<sup>th</sup> Financial and Educational Workshop to be held at the Senior Center. Open bridge sessions have begun and are well received. Parking lot signs and curb painting have been completed and the bicycle rack near the Center entrance has been installed.
- B. <u>California Senior Legislature</u> Commissioner Lopes Distributed a report on the October 15<sup>th</sup>-18<sup>th</sup> C.S.L. held in Sacramento. Included in the report is the approved C.S.L.'s proposal for the State and Federal Legislatures to consider. Commissioner Lopes reported how well organized and operated this years conference was run.
- C. <u>Volunteers/Communication</u> Commissioner Kadlecek Distributed information on "What is Make a Difference Day?", a celebration of neighbors helping neighbors created by USA Weekend Magazine. This year's event is October 27, 2007 with the City of Milpitas conducting a celebration. Reported on new volunteers in the woodshop and nutrition programs.
- D. <u>Nutrition</u> Program is averaging 65 seniors per day with indication that the County may increase number to 70 in the near future. There were 18 new members this month. The holiday meals will be limited to advance reservations due to recent high demand for meals.
- E. <u>Senior Center Assessment</u> Commissioner Driscoll Review mission and plans for program, which includes questionnaire to Senior Centers as to whether or not their services have improved since initial survey was taken.

- F. <u>Health and Wellness/Case Management</u> Commissioner Creighton Reported that the Health and Wellness Program will conduct the annual flu shot clinic on November 9<sup>th</sup>. A diabetes support group will begin in November. The Home Care Registry made 51 referrals and performed 61 interviews in September/October.
- G. <u>Council on Aging</u> Commissioner Murphy Reported on a presentation by a couple who provide their family home to support care for elderly in an effort to show what can be done locally to provide support services for the elderly.
- V. <u>SUMMARY OF COUNCIL ACTIONS</u> The Commission reviewed City Council Actions pertaining to seniors. The Director reported that Commissioner's titles can be used when supporting voting measures, but the Commission cannot take a position on a voting measure as a group.

## VI. NEW BUSINESS

- A. <u>Upcoming Events</u> The November 9<sup>th</sup> Flu Shot Program, the November 17<sup>th</sup> Crafts Faire, and the December 7<sup>th</sup> Tree Lighting Programs were reviewed. Jessica Carter reported on the successful BBQ lunch program held at the Senior Center with 100 participants. Future BBQ lunches are planned on a monthly basis.
- B. <u>Leadership Santa Clara 2008</u> Commissioner Lopes will review the information on leadership 2008 to determine if he will attend.
- C. <u>Senior Center Hours</u> Staff reported that after review of the Saturday hours of operation of the Senior Center, plans to change hours from 10:00 a.m. to 4:00 p.m. to 8:00 a.m. to 2:00 p.m. be in effect in late November, 2007.
- VII. OLD BUSINESS None
- VIII. PUBLIC PRESENTATIONS None.
- IX. There being no further business, the meeting was adjourned. The next regular meeting is scheduled for November 26, 2007 at 10:00 a.m. at the Senior Center.

Prepared by:			
1 2	LARRY WOLFE	ANNE CREIGHTON	
	Director of Parks and Recreation	Secretary	